



HELEN O'LEARY

Leadership and Business Consultant, Mentor and Advisor

Locations

- Ireland
- United Kingdom
- Europe, UAE, USA

Languages

- English



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[Helens's LinkedIn profile](#)



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Helen O'Leary is a recognised leadership and business consultant, mentor, coach and executive trainer and works extensively across public and private businesses in developing leadership skills and talent to enable organisations to realise their strategic ambitions.

Helen spent two decades working with global luxury hotel brands Four Seasons Hotels and Resorts, The Ritz-Carlton Hotel Company and The Doyle Collection across Ireland, the UK and the USA in various leadership roles. In 2016, Helen began working as a consultant, sharing her experiences in leadership and commercial business strategy and helping to develop high performing teams within businesses through a combination of advisory, mentoring, coaching and group facilitation.

Helen's approach is founded on understanding the goals of the individual and the organisation and bringing a deeply insightful but practical approach to problem solving. Helen believes that organisational greatness can be enabled by unlocking the potential of the individual and the team, she promotes excellent communication as a core enabler to help people align their best efforts to deliver sustainable results. Helen leans into her personal values of communication, compassion, openness, and positive action as critical levers in the leadership toolkit and focusses on meeting the individual or business at their point of need to deliver successful personal and professional outcomes.

Professional Experience

Helen's experience reaches across private and public sector and focuses on both organisational and unit transformation, supporting businesses through the change process. Her clients in both the commercial and leadership space include Pernod Riccard, DocuSign, Fáilte Ireland, HSA, Allianz, RSA123.ie, a selection of Irish universities, a host of hotel and hospitality organisations and a range of SMEs in real estate, human resources, tourism, and investment in addition to registered charities.

Helen lectures on PDI's Masters in Professional Practice at TUD, where she covers the Leadership and Management module, as well as the Marketing & The Customer Module. She has also been invited to speak at various industry events and conferences to share her insights and provoke thought amongst peers.

Qualifications & Accreditations

Helen's qualifications include a BA in History and Politics, Diplomas in Public Relations and Digital Marketing and a Masters in Professional Practice (First Class Honours).

Helen prioritises her belief in lifelong learning by continually upskilling through completion of a range of CPD courses across a broad spectrum of additional topics including DEI, training, sustainability, etc. This year Helen will complete her Roche Martin Emotional Capital Report (ECR) Certification and embark on her Coaching qualification.

